

# Sinks Grove Loops

www.cyclingscenicwv.com

## Loop A

Length: 5.1  
 Climbing: 233  
 Rating: 0.4  
 Climbing Per Mile: 46

## Loop B

Length: 6.9  
 Rating: 0.5  
 Climbing: 371  
 Climbing per Mile: 54

## Loop C

Length: 4.5  
 Climbing: 292  
 Rating: 0.4  
 Climbing per Mile: 65 ft.

## Loop A+B

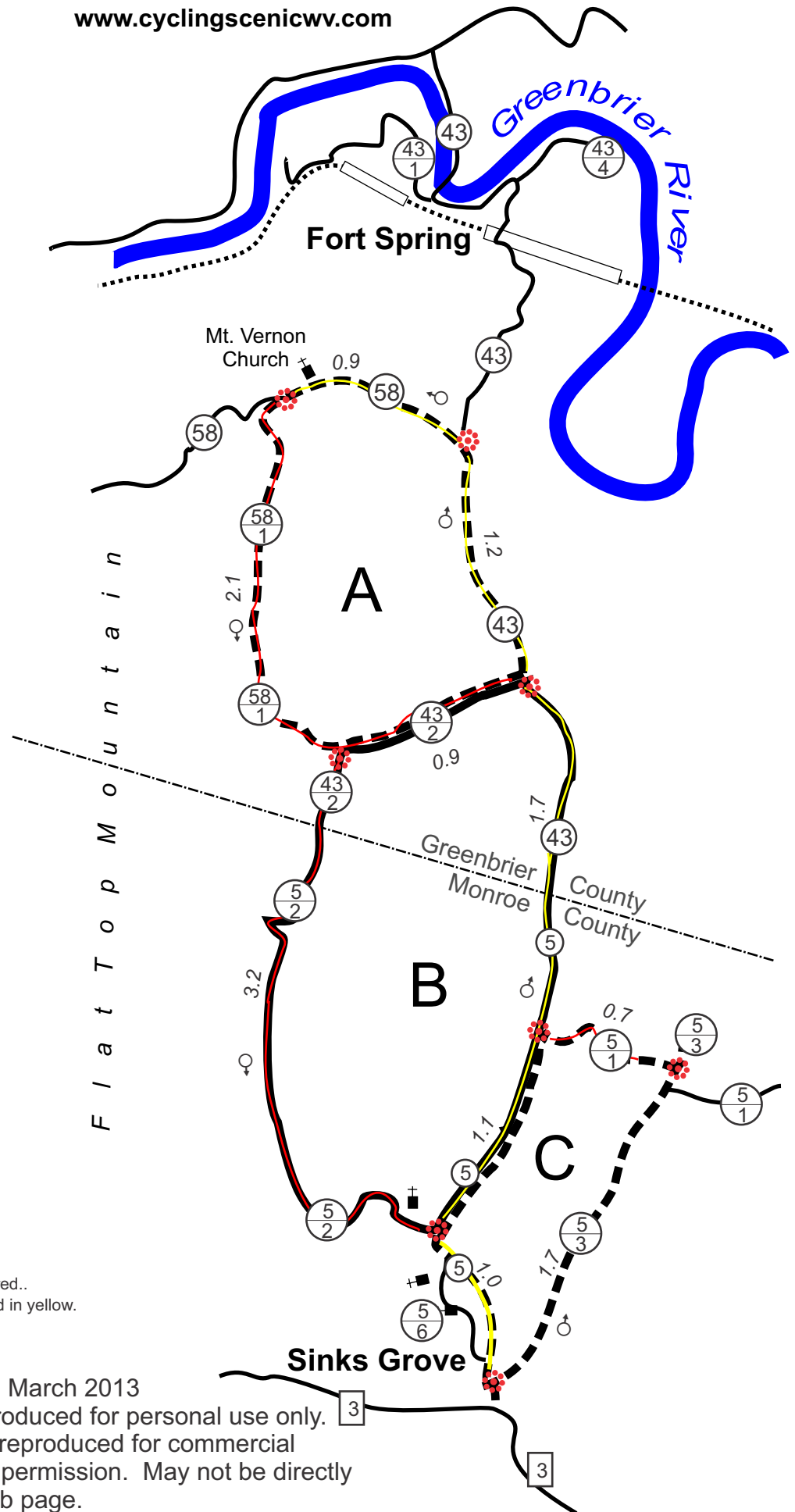
Length: 10.2  
 Rating: 0.7  
 Climbing: 436  
 Climbing per Mile: 42 ft.

## Loop A+B+C

Length: 12.5  
 Rating: 0.9  
 Climbing: 499  
 Climbing per Mile: 40 ft.

## Loop B+C

Length: 9.2  
 Rating: 0.7  
 Climbing: 440  
 Climbing per Mile: .



- ❁ Mileage Markers
- 6.3 Distance Between Markers
- ➡ Recommended direction arrows.
- Main bike route.
- Main bike route.
- Major (not all) climbs designated in red..
- Major downhills/descents designated in yellow.
- ⊕ Churches
- Other Paved Roads
- CSX Railroad

Dale Porter March 2013



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Turn lists. A good place to park while doing these rides are Vernon Church on county route 58 and Sinks Grove Baptist Church on county route 5/2. The turn lists are created from intersections close to these churches.

## Loop A

- 0.0 **Start** Jct. 58 and 58/1
- 2.1 **Continue straight** onto 43/2 at intersection.
- 3.0 **Left** on Co. 43
- 4.2 **Left** on Co. 58
- 5.1 **Finish**

## Loop B

- 0.0 **Start** Jct. 5/2 & Co. 5. Head North on Co. 5 that becomes Co. 43 in Greenbrier Co.
- 2.8 **Left** on Co. 43/2
- 3.7 **Left** at intersection to continue on 43/2.
- 6.9 **Finish**

## Loop C

- 0.0 **Start** at jct. of Co. 5/2 and Co. 5.
- 1.0 **Left** on Co. 5/3
- 2.7 **Left** on Co. 5/1
- 3.4 **Left** on Co. 5
- 4.5 **Finish**

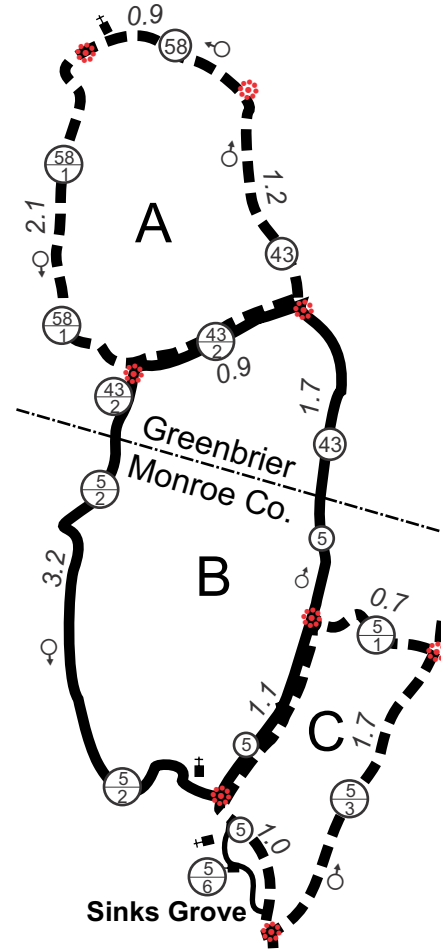
## Loop A+B

- 0.0 **Left** on Co. 5
- 4.0 **Left** on Co. 58
- 4.9 **Left** on Co. 58/1
- 7.0 **Right** on Co. 43/2 (Becomes 5/2 in Monroe County).
- 10.2 **Finish**

- 0.0 **Start.** Head North on Co. 5.
- 1.0 **Left** on Co. 5/3
- 2.7 **Left** on Co. 5/1
- 3.4 **Right** on Co. 5
- 6.3 **Left** on Co. 58
- 7.2 **Left** on Co. 58/1
- 9.3 **Right** on Co. 43/2
- 12.5 **Finish**

## Loop B+C

- 0.0 **Start**
- 1.0 **Left** on Co. 5/3
- 2.7 **Left** on Co. 5/1
- 3.4 **Right** on Co. 5
- 5.1 **Left** on Co. 43/2
- 6.0 **Left** - Continue on 43.2
- 9.2 **Finish**



Loop A+B+C

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